The 'Five a Day' Principles in Design & Technology

Explicit Instruction	Cognitive and metacognitive strategies	Scaffolding	Flexible Grouping	Using Technology
 I do, we do, you do teacher approach Clear and unambiguous language Using diagrams, images or videos to aid understanding 	 Revisit prior learning in each lesson – last lesson, last week, last term, last year etc Pre-teach new vocabulary Repetition and recapping of new vocabulary Task plans to break things down into smaller steps Opportunities to mark and evaluate own learning Teacher modelling 	 Appropriate level of challenge Task plans Pre-teaching Visual representations Practical activities Different sized tools for hand grips 	 Allocating groups flexibly, based on the individual needs that pupils currently share with other pupils. Grouping pupils together where they all need additional instruction to carry out a skill Collaborative learning across pupils with a range of attainment levels. 	 Avoid white IWBs Videos used to model and explain new concepts