

	Similarities and difference Celebrating difference Showing kindness	Similarities and difference Celebrating difference Showing kindness	Drugs, Alcohol and Tobacco (You, Me and PSHE)					
Summer 1	My Happy Mind - Engage Growing and Changing Cycles Life stages	My Happy Mind - Engage Growing and Changing Cycles Life stages Girls and boys - similarities and difference	My Happy Mind - Engage	My Happy Mind - Engage	My Happy Mind - Engage	My Happy Mind - Engage	Drugs, Alcohol and Tobacco (You, Me and PSHE) My Happy Mind - Engage	My Happy Mind - Engage
Summer 2	Keeping Safe Keeping my body safe Safe secrets and touches People who help to keep us safe	Keeping Safe Keeping my body safe Safe secrets and touches People who help to keep us safe	Relationship and Sex Education (2) 1. My Family and Me 2. Exploring Feelings	Drugs, Alcohol and Tobacco (You, Me and PSHE) Relationship and Sex Education (2) 1. Fabulous Friendships 2. Keeping Safe 3. Boys and Girls and families	Relationship and Sex Education (3) 1. Families in the Wider World 2. All About Me 3. Learning to Love Difference	Relationship and Sex Education (3) 1. Getting Along with our Families 2. Friendship Ups and Downs 3. Keeping Safe 4. Growing up and changing	Relationship and Sex Education (3) 1. Friendships On and Offline 2. Friendships and Secrets 3. Peer Pressure	Transition period for secondary school. Drugs, Alcohol and Tobacco and gambling (Risks involved with gambling. Different ways money can be won or lost through gambling-related activities and their impact on health, wellbeing and future aspirations)

The following objectives will also be covered during the year by each year group.

<u>Year 1</u>	<u>Year 2</u>	<u>Year 3</u>	<u>Year 4</u>	<u>Year 5</u>	<u>Year 6</u>
<p>How to respond to unknown adults</p> <p>Know that there are situations when they should ask for permission and when permission should be sought</p>	<p>The difference between needs and wants and that sometimes people may not always be able to have the things they want</p>	<p>People's spending decisions can affect others and the environment (e.g. fair trade, buying single-use plastic or giving to charity)</p>	<p>Bacteria and viruses can affect health</p> <p>How everyday hygiene routines can limit the spread of infection</p> <p>That some diseases can be prevented by vaccinations and immunisations</p>	<p>Loss including death and how this can affect feelings</p> <p>Ways of expressing and managing grief and bereavement</p>	<p>Forcing someone to marry against their will is a crime and there is help and support available for people who are worried about this for themselves or others</p>

Sex education - Further Detail

Key Stage 1 -Year 2- Boys and Girls and families

Pupils will learn:

- To understand and respect the differences and similarities between people
- About the differences between male and female animals
- About the differences between male and female children
- About growing from young to old and that they are growing and changing (eg. that you start life as a baby, become a toddler, then a child, teenager etc.) ***In Year 2, this does not involve discussing and learning about anything to do with changes occurring through puberty.***
- That everybody needs to be cared for and ways in which they care for others
- About different types of family and how their home-life is special

Year 4- Growing Up and Changing

Pupils will learn:

- About the way we grow and change throughout the human lifecycle
- About the physical changes associated with puberty (including menstruation and wet dreams)
- About the impact of puberty on physical hygiene and strategies for managing this - How puberty affects emotions and behaviour and strategies for dealing with the changes associated with puberty
- Strategies to deal with feelings

Year 6- Healthy relationships

Pupils will learn:

- About the changes that occur during puberty
- To consider different attitudes and values around gender stereotyping and sexuality
- What values are important to them in relationships and to appreciate the importance of friendship in close relationships
- About human reproduction in the context of the human lifecycle
- About consent

Core themes: KS1

Theme 1: Health and Wellbeing

Healthy Lifestyles (Physical wellbeing)

Mental Health

Ourselves Growing and Changing

Keeping Safe

Theme 2: Relationships

Family and Close Relationships

Friendships

Managing Hurtful Behaviour and Bullying

Safe Relationships

Respecting Self and Others

Theme 3: Living in the wider world

Communities

Economic Wellbeing: Aspirations, work and career

Media Literacy and Digital Resilience

Core themes: KS2

Theme 1: Health and Wellbeing

Healthy Lifestyles (Physical wellbeing)

Mental Health

Ourselves Growing and Changing

Keeping Safe

Theme 2: Relationships

Family and Close Positive Relationships

Friendships

Managing Hurtful Behaviour and Bullying

Safe Relationships

Respecting Self and Others

Theme 3: Living in the wider world

Shared Responsibilities

Communities

Economic Wellbeing: Aspirations, work and career