

<b>Core Themes Key:</b>						
	<b><u>Health and Wellbeing</u></b>	<b><u>Relationships</u></b>			<b><u>Living in the Wider World</u></b>	
	<b><u>Year 1</u></b> Spring 2: Teach Drug Alcohol and Tobacco unit from You, Me and PSHE	<b><u>Year 2</u></b> Summer 2: Teach Drug Alcohol and Tobacco unit from You, Me and PSHE	<b><u>Year 3</u></b> Autumn 1: Teach Drug Alcohol and Tobacco unit from You, Me and PSHE	<b><u>Year 4</u></b> Autumn 2: Teach Drug Alcohol and Tobacco unit from You, Me and PSHE	<b><u>Year 5</u></b> Summer 1: Teach Drug Alcohol and Tobacco unit from You, Me and PSHE	<b><u>Year 6</u></b> Summer 1: Teach Drug Alcohol and Tobacco unit from You, Me and PSHE
<b>Autumn 1</b>	<u>Meet Your Brain (5)</u>	<u>Meet Your Brain (5)</u>	<u>Meet Your Brain (5)</u>	<u>Meet Your Brain (5)</u>	<u>Meet Your Brain (5)</u>	<u>Meet Your Brain (3)</u>
<b>Autumn 2</b>	<u>Celebrate (4)</u>	<u>Celebrate (4)</u>	<u>Celebrate (4)</u>	<u>Celebrate (4)</u>	<u>Celebrate (5)</u>	<u>Celebrate (3)</u>
<b>Spring 1</b>	<u>Appreciate (3)</u>	<u>Appreciate (3)</u>	<u>Appreciate (4)</u>	<u>Appreciate (4)</u>	<u>Appreciate (4)</u>	<u>Appreciate (2)</u>
<b>Spring 2</b>	<u>Relate (3)</u>	<u>Relate (4)</u>	<u>Relate (4)</u>	<u>Relate (4)</u>	<u>Relate (4)</u>	<u>Relate (2)</u>
<b>Summer 1</b>	<u>Engage (4)</u>	<u>Engage (4)</u>	<u>Engage (4)</u>	<u>Engage (4)</u>	<u>Engage (4)</u>	<u>Engage (2)</u>
<b>Summer 2</b>	<u>Relationship Education (2)</u> 1. My Family and Me 2. Exploring Feelings	<u>Relationship Education (2)</u> 1. Fabulous Friendships 2. Keeping Safe	<u>Relationship Education (3)</u> 1. Families in the Wider World 2. All About Me 3. Learning to Love Difference	<u>Relationship Education (3)</u> 1. Getting Along with our Families 2. Friendship Ups and Downs 3. Keeping Safe	<u>Relationship Education (3)</u> 1. Friendships On and Offline 2. Friendships and Secrets 3. Peer Pressure	<u>Relationship Education (3)</u> 1. Identity and Respect 2. Discrimination and Law 3. Online Safety

**The following objectives need to be covered during the year by each year group. These objectives may fit into other topics such as Science so they can be taught as and when the class teacher sees it to be most appropriate and beneficial for the children.**

<u>Year 1</u>	<u>Year 2</u>	<u>Year 3</u>	<u>Year 4</u>	<u>Year 5</u>	<u>Year 6</u>
<p>How to respond to unknown adults</p> <p>Know that there are situations when they should ask for permission and when permission should be sought</p>	<p>The difference between needs and wants and that sometimes people may not always be able to have the things they want</p>	<p>People's spending decisions can affect others and the environment (e.g. fair trade, buying single-use plastic or giving to charity)</p>	<p>Bacteria and viruses can affect health</p> <p>How everyday hygiene routines can limit the spread of infection</p> <p>That some diseases can be prevented by vaccinations and immunisations</p>	<p>Loss including death and how this can affect feelings</p> <p>Ways of expressing and managing grief and bereavement</p>	<p>Forcing someone to marry against their will is a crime and there is help and support available for people who are worried about this for themselves or others</p> <p>Risks involved with gambling</p> <p>Different ways money can be won or lost through gambling-related activities and their impact on health, wellbeing and future aspirations</p>

- Zones of regulation to be taught for the first 18 weeks

**Core themes: KS1**

**Theme 1: Health and Wellbeing**

Healthy Lifestyles (Physical wellbeing)

Mental Health

Ourselves Growing and Changing

Keeping Safe

**Theme 2: Relationships**

Family and Close Relationships

Friendships

Managing Hurtful Behaviour and Bullying

Safe Relationships

Respecting Self and Others

**Theme 3: Living in the wider world**

Communities

Economic Wellbeing: Aspirations, work and career

Media Literacy and Digital Resilience

**Core themes: KS2**

**Theme 1: Health and Wellbeing**

Healthy Lifestyles (Physical wellbeing)

Mental Health

Ourselves Growing and Changing

Keeping Safe

**Theme 2: Relationships**

Family and Close Positive Relationships

Friendships

Managing Hurtful Behaviour and Bullying

Safe Relationships

Respecting Self and Others

**Theme 3: Living in the wider world**

Shared Responsibilities

PSHE Long Term plan

**Communities**

Economic Wellbeing: Aspirations, work and career