

Low Ash Primary PSHE - Whole school curriculum overview 2023-2024

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Physical health and wellbeing Fun times 	Physical health and wellbeing What keeps me healthy?	Drug, alcohol and tobacco education Tobacco is a drug	Identity, society and equality Democracy 	Physical health and wellbeing In the media	Identity, society and equality Human rights
Autumn 2	Keeping safe and managing risk  Feeling safe	Mental health and emotional wellbeing Friendship	Keeping safe and managing risk  Bullying – see it, say it, stop it 	Drug, alcohol and tobacco education  Making choices	Identity, society and equality Stereotypes, discrimination and prejudice (including tackling homophobia) 	Mental health and emotional wellbeing  Healthy minds
Spring 1	Identity, society and equality Me and others	Sex and relationship education  Boys and girls, families 	Mental health and emotional wellbeing Strengths and challenges	Physical health and wellbeing What is important to me? 	Keeping safe and managing risk  When things go wrong 	Sex and relationship education  Healthy relationships / How a baby is made
Spring 2	Drug, alcohol and tobacco education  What do we put into and on to bodies?		Identity, society and equality Celebrating difference 	Keeping safe and managing risk  Playing safe	Mental health and emotional wellbeing Dealing with feelings	Sex and relationship education  Healthy relationships / How a baby is made
Summer 1	Mental health and emotional wellbeing Feelings	Keeping safe and managing risk  Indoors and outdoors	Careers, financial capability and economic wellbeing Saving, spending and budgeting	Sex and relationship education  Growing up and changing 	Drug, alcohol and tobacco education  Different influences	Drug, alcohol and tobacco education  Weighing up risk
Summer 2	Careers, financial capability and economic wellbeing My money	Drug, alcohol and tobacco education  Medicines and me	Physical health and wellbeing What helps me choose?		Careers, financial capability and economic wellbeing Borrowing and earning money	Keeping safe and managing risk  Keeping safe - out and about FGM

 The red flag demarcates lessons which link directly to safeguarding

 The blue padlock demarcates lessons which link directly to the protected characteristics