## Food Banks Update

We wanted to make you aware that there is food available in the local foodbanks should you need it.

If you have not used a food bank before but feel that you need to currently, then please phone the Council's Contact Centre on **01274 431000**. When you phone this number, you will speak to somebody who will talk through your situation and ensure you get the most appropriate support for your circumstance.

Obviously, if you already access a food bank, you can continue to do so, so long as you are not self-isolating. If you need to access the food bank but are unable to leave your house because you are self-isolating, then the Council Contact Centre will also be able to advise you.

If you feel uncomfortable with this and would prefer to talk to school about it, then we can also help. Please ring the school office on **01274 582927.** 

There is support out there so please do reach out if you need to at any point. If you are unsure or unable to call, please just contact us at school. We will always support you in any way we can.

With best wishes from all of us at Low Ash.