

# Shipley Family Hub Activity Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>STRONG CLOSE</b>	<b>Midwife Clinic</b> 9am-1pm Book appointment with your midwife <b>Legal Advice</b> 1-3pm Fortnightly ring 01535 605272 to book	<b>Health Visitor Baby Clinic</b> 10.30-11.30am <b>Citizen's Advice Bureau</b> 9am-12pm ring 01535 605272 to book <b>Newborn Hearing Clinic</b> 1-3pm book through your Health Visitor	<b>Midwife Clinic</b> 9am-5pm Book appointment with your midwife <b>HENRY Course</b> 1-3pm Ring 01535 618005 to book a place	<b>Midwife Clinic</b> 9am-1pm Book appointment with your midwife <b>Sunbeams Group</b> 6.30-8.30pm last Thursday of month support group for parents who have experienced the death of a child or a still birth	<b>BTEC L1 Health &amp; Social Care</b> 9.15-11.45am ring 01535 605272 to book <b>Midwife Clinic</b> 9am-5pm Book appointment with your midwife
<b>OWLET</b>	<b>Health Visitor Baby Clinic</b> 9.30-11.30am Booking <b>HENRY Course</b> 1-3pm ring 01535 618005 to book	<b>Family Links Course</b> 1-3pm ring 01535 618005 to book	<b>Small Steps Portage Group</b> 1-2.30pm for parents & children under 5 with social/communication difficulties	<b>Play and Learn</b> 9.15-10.45am 0-5's <b>18 Month Early Language Development</b> 9.30-10.30am Invite only <b>Midwife Clinic</b> 9am-5pm Book appointment with your midwife <b>Time Out For Dads</b> 5.30-7.30pm ring 01535 618005 to book	<b>Midwife Clinic</b> 9am-4.30pm Book appointment with your midwife
<b>TRINITY 5 RISE</b>	<b>Midwife Clinic</b> 9am-12pm Book appointment with your midwife				<b>Play and Learn</b> 9.15-10.45am 0-5's
<b>BAILDON</b>	<b>Play and Learn</b> 9.15-10.45am 0-5's				

TURN OVER FOR MORE ACTIVITIES

Updated 18.1.19

Keighley & Shipley Family Hub



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<b>MENSTON BURLEY</b>		<b>Play and Learn 0-5's</b> 9.15-10.45am <b>18 Month Early Language Development</b> 11.15am-12pm Invite only			
<b>LITTLE LANE</b>				<b>Play and Learn</b> 9.30-11am 0-5's	
<b>HIRST WOOD</b>		<b>Play and Learn 0-5's</b> 9.15-10.45am			
	<b>Family Links Course</b> 7-8pm ring 01274 584093 to book	<b>Family Links Course</b> 7-8pm ring 01274 584093 to book	<b>SALTAIRE PRIMARY</b>		
	<b>Play and Learn 0-18 months</b> 9.30-11am <b>Midwife Clinic</b> 9am-12pm Book appointment with your midwife	<b>KIRKGATE CENTRE</b>			

For more details of activities/services/courses provided by Keighley & Shipley Family Hub visit our website & Facebook pages or pop into one of the Hubs

**Email: [Familyhubkeighleyshipley@bradford.gov.uk](mailto:Familyhubkeighleyshipley@bradford.gov.uk)**

**Website: <https://www.bradford.gov.uk/children-young-people-and-families/family-hubs/keighley-and-shipley-family-hub/>**

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