

Low Ash Primary PSHE - Whole school curriculum overview

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Physical health and wellbeing Fun times	Keeping safe and managing risk Indoors and outdoors	Identity, society and equality Celebrating difference	Keeping safe and managing risk Playing safe	Physical health and wellbeing In the media	Identity, society and equality Human rights
Autumn 2	Keeping safe and managing risk Feeling safe	Mental health and emotional wellbeing Friendship	Physical health and wellbeing What helps me chose	Physical health and wellbeing What is important to me?	Drug, alcohol and tobacco education Different influences	Mental health and emotional wellbeing Healthy minds
Spring 1	Identity, society and equality Me and others	Physical health and wellbeing What keeps me healthy?	Keeping safe and managing risk Bullying – see it, say it, stop it	Identity, society and equality Democracy	Careers, financial capability and economic wellbeing Borrowing and earning money	Drug, alcohol and tobacco education Weighing up risk
Spring 2	Mental heath and emotional wellbeing Feelings	Drug, alcohol and tobacco education Medicines and me	Drug, alcohol and tobacco education Tobacco is a drug	Drug, alcohol and tobacco education Making choices	Keeping safe and managing risk When things go wrong	Keeping safe and managing risk Keeping safe - out and about FGM
Summer 1	Drug, alcohol and tobacco education What do we put into and on to bodies?	Sex and relationship education Boys and girls, families	<i>Mental health and emotional wellbeing</i> <i>Strengths and challenges</i>	Sex and relationship education Growing up and changing	Mental health and emotional wellbeing Dealing with feelings	Sex and relationship education Healthy relationships / How a baby is made

Summer 2	Careers, financial capability and economic wellbeing My money	Sex and relationship education  Boys and girls, families	Careers, financial capability and economic wellbeing Saving, appending and budgeting	Sex and relationship education  Growing up and changing	Identity, society and equality Stereotypes, including discrimination and prejudice (including tackling homophobia)	Sex and relationship education  Healthy relationships / How a baby is made
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The red flag demarcates lessons which link directly to safeguarding